Iearn4life® CHANGE YOUR STORY

Health Services

CITY	ORGANIZA- TION	ADDRESS	WEBSITE	NOTES
All Re- gions	USC Tele- health Online Clinic	N/A	https:// dworakpeck. usc.edu/ research/ centers-af- filiations/ telehealth	*10 Free Virtual Sessions
All Re- gions	Substance Abbuse and Mental Health	N/A	<u>https://</u> <u>www.samh-</u> <u>sa.gov/find-</u> <u>help/nation-</u> <u>al-helpline</u>	1-800-662-HELP
All Re- gions	NAMI- COVID-19 Resource and Information Guide	N/A	<u>https://</u> www.nami. org/getat- tachment/ About-NA- MI/NA-	Resources on coping mentally and support
All Re- gions	CDC- Stress and Coping	N/A	https:// www. cdc.gov/ coronavi-	Resources on stress of crisis and coping
All Re- gions	TeenLine	N/A	<u>https://</u> <u>teenlineon-</u> line.org/	Peer counselors available from 6pm-9pm PT
All Re- gions	Well Being Trust	N/A	https:// www.psy- chhub.com/ partners/ well-being- trust	Free, engaging, mental health education

СІТҮ	ORGANIZA- TION	ADDRESS	WEBSITE	NOTES
All Re- gions	Disaster Dis- tress Hotline- SAMHSA	N/A	<u>https://</u> <u>www.sam-</u> <u>hsa.gov/</u> <u>find-help/di-</u> <u>saster-dis-</u> <u>tress-help-</u> <u>line</u>	provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters
All Re- gions	National Sui- cide Preven- tion Lifeline	N/A	<u>https://sui-</u> <u>cidepreven-</u> <u>tionlifeline.</u> org/	Provides 24/7, free and con- fidential support for people in distress, prevention and crisis resources for you or your loved ones.
Camarillo	Clinicas del Camino Real	730 Paseo Ca- marillo, Camarillo CA	<u>https://</u> <u>www.clini-</u> <u>cas.org/</u>	Health clinic open in ventura county offering medical, dental, and vision
Camarillo	Interface Chil- dren & Family Services	4001 Mission Oaks Blvd, Ca- marillo	<u>https://</u> <u>www.icfs.</u> org/	Mental Health Services
Cerritos	Community Family Guid- ance Center	10929 South St # 208B, Cerri- tos, CA 90703	<u>https://</u> <u>www.cfg-</u> <u>center.com/</u>	Mental health services
Fresno	Fresno County Health De- partment	1221 N Fulton Mall Fresno CA 93721	<u>https://</u> <u>www.</u> <u>co.fresno.</u> <u>ca.us/home</u>	Routine physical check-ups, mental health, immunizations, family planning, drug and alcohol abuse treatment, prescriptions, dental and vision.
Fresno	Fresno County Department of Children Services	3133 N Millbrook Ave Fresno CA 93703	https:// www.co. fresno.ca.us/ depart- ments/pub- lic-health/ califor- nia-chil- dren-s-ser- vices	Outpatient mental health as- sessments and evaluations, case management, transitional services, medication services, individual, group, and family therapy.
Fullerton	Family As- sessment Counseling & Educa- tion Services (F.A.C.E.S)	2601 E. Chap- man Ave Ste 114 Fullerton, CA 92831	<u>http://www.</u> <u>facescal.</u> org/enrollon- <u>line.html</u>	Counseling for adults, children, and families

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Laguna Hills	Family As- sessment Counseling & Educa- tion Services (F.A.C.E.S)	25231 Paseo De Alicia, Suite 108 Laguna Hills, CA 92653	<u>http://www.</u> <u>facescal.</u> org/enrollon- line.html	Counseling for adults, children, and families
Orange	Mary's Kitch- en	517 W. Struck Ave Orange, CA 92867 (714) 633-0444	<u>http://</u> maryskitch- en.org/	Hot meals and showers daily Mondays through Saturdays; clothing distribution on Thurs- days
Orange County	NAMI Orange County - OC WarmLine	N/A	<u>https://</u> <u>www.na-</u> <u>mioc.org/</u> <u>oc-warmline</u>	Provides emotional support and Orange County resources 18 hours a day. This is a free and confidential telephone service providing emotional support and resources to Orange County residents.
Orange County	NAMI Orange County - Peer Connector	N/A	<u>https://</u> www.na- mioc.org/ peer-con- nector	Peer Connector phone mentor- ships are available at no cost to any family or person who resides in Orange County and who is experiencing a mental or behavioral health issue. English & Spanish.
Oxnard	Clinicas del Camino Real	650 Meta Street, Oxnard Phone: (805) 487-5351	<u>https://</u> www.clini- cas.org/	Health clinic open in ventura county offering medical, dental, and vision
Oxnard	Ventura Coun- ty Behav- ioral Health (VCBH)	1911 Williams Drive, Oxnard CA Phone Main Line: (805) 981-6830	<u>https://</u> vcbh.org/en/	Mental Health Services
Oxnard	Interface Chil- dren & Family Services	400 South B Street, Oxnard	<u>https://</u> <u>www.icfs.</u> org/	Mental Health Services
Port Hueneme	Clinicas del Camino Real	4400 Olds Rd., Oxnard Phone: (805) 986-5551	<u>https://</u> <u>www.clini-</u> cas.org/	Health clinic open in ventura county offering medical, dental, and vision

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Sacra- mento	Sacramen- to County Behavioral Health Ser- vices - Access Team	3331 Power Inn Road, Suite 180 Sacramento, CA 95826	https:// www.ic- arol.info/ ResourceV- iew2.aspx-	For all adults and children need- ing mental health services in Sacramento County that do not have access to benefits. Clinicians conduct telephone screening assessment, deter- mine service eligibility and link services. Provides information and referrals.
Sacra- mento	Sacramento County Health Center	4600 Broadway, Sacramento, CA 95820	https://dhs. saccounty. net/PRI/ Pages/ Health%20 Center/ Gl-Sac- ramen- to-Coun-	Federally Qualified Health Cen- ter that provides primary care and behavioral health services to low income residents of Sac- ramento County.
Santa Ana	Southwest Community Center	1601 W. Second St. Santa Ana, CA 92703 (714) 547-4073	<u>https://</u> <u>swcommu-</u> <u>nitycenter.</u> org/	Breakfast and lunch daily, din- ner on weekends. Food bags delivered on average 3 times a week. Clothing bags deliv- ered weekly. Showers avail- able. Rental and utility financial assistance. Job referrals. Bus passes Health screenings via OC Health Care Agency
Santa Paula	Clinicas del Camino Real	500 E. Main Street, Santa Paula Phone: (805) 933- 0895	<u>https://</u> <u>www.clini-</u> <u>cas.org/</u>	Health clinic open in ventura county offering medical, dental, and vision
Santa Paula	Interface Chil- dren & Family Services	217 North 10th street, Santa Paula	<u>https://</u> <u>www.icfs.</u> org/	Mental Health Services
Simi Valle y	Clinicas del Camino Real	1424 Madera Rd. Simi Valley Phone: (805) 522-5722	<u>https://</u> <u>www.clini-</u> <u>cas.org/</u>	Health clinic open in ventura county offering medical, dental, and vision
Ventura	Clinicas del Camino Real	200 South Wells Road, Ventura Phone: (805) 647-6322	<u>https://</u> <u>www.clini-</u> <u>cas.org/</u>	Health clinic open in ventura county offering medical, dental, and vision

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Ventura	Interface Chil- dren & Family Services	1746 S. Victoria Ave, Suite 220, Ventura	<u>https://</u> <u>www.icfs.</u> org/	Mental Health Services
Wilming- ton	Wilmington Urgent Care & Family Clinic	714 N. Avalon Blvd., Wilmington CA 90744	<u>https://</u> <u>www.wilm-</u> <u>ingtonur-</u> <u>gentclinic.</u> <u>com/</u>	Walk in clinic
Wilming- ton	DHS- Wilm- ington Health Center	1325 Broad Av- enue, Wilmington CA 90744	<u>http://dhs.</u> <u>lacounty.</u> gov/wps/ portal/dhs/ wilmington	Walk in clinic
Wilming- ton	Wilmington Community Clinic	1009 North Avalon Blvd., Wilmington CA 90744	<u>https://</u> <u>www.wilm-</u> ingtoncc. org/?utm_ <u>source=gmb_</u> <u>auth</u>	Please call (310) 549-5760 for an appointment as most of these visits will be over the phone or via telehealth. WCC is also seeing EMERGENCY dental patients only. If you should have an emergency dental condition, please call for an appointment.
All Re- gions	NAMI- COVID-19 Resource and Information Guide		<u>https://</u> <u>www.nami.</u> org/getat- <u>tachment/</u> <u>About-NA-</u> <u>MI/NA-</u>	Resources on coping mentally and support
All Re- gions	CDC- Stress and Coping		<u>https://</u> <u>www.</u> cdc.gov/ coronavi-	Resources on stress of crisis and coping
All Re- gions	TeenLine		<u>Text "Teen"</u> <u>to 839863</u>	Peer counselors available from 6pm-9pm PT
All Re- gions	Well Being Trust		<u>https://</u> <u>www.psy-</u> <u>chhub.com/</u> <u>partners/</u> <u>well-being-</u> <u>trust</u>	Free, engaging, mental health education

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Camarillo	Clinicas del Camino Real	730 Paseo Ca- marillo, Camarillo CA Phone: 805- 920-7021		Health clinic opens in ventura county offering medical, dental, and vision
Oxnard	Clinicas del Camino Real	650 Meta Street, Oxnard Phone: (805) 487-5351		Health clinic opens in ventura county offering medical, dental, and vision
Port Hueneme	Clinicas del Camino Real	4400 Olds Rd., Oxnard Phone: (805) 986-5551		Health clinic opens in ventura county offering medical, dental, and vision
Santa Paula	Clinicas del Camino Real	500 E. Main Street, Santa Paula Phone: (805) 933- 0895		Health clinic opens in ventura county offering medical, dental, and vision
Simi Valle Y	Clinicas del Camino Real	1424 Madera Rd. Simi Valley Phone: (805) 522-5722		Health clinic opens in ventura county offering medical, dental, and vision
Ventura	Clinicas del Camino Real	200 South Wells Road, Ventura Phone: (805) 647-6322		Health clinic opens in ventura county offering medical, dental, and vision
Oxnard	Ventura Coun- ty Behav- ioral Health (VCBH)	1911 Williams Drive, Oxnard CA Phone Main Line: (805) 981-6830		Mental Health Services
Camarillo	Interface Chil- dren & Family Services	4001 Mission Oaks Blvd, Ca- marillo	Phone Main Line: (805) 485-6114	Mental Health Services
Oxnard	Interface Chil- dren & Family Services	400 South B Street, Oxnard	Phone Main Line: (805) 485-6115	Mental Health Services

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Santa Paula	Interface Chil- dren & Family Services	217 North 10th street, Santa Paula	Phone Main Line: (805) 485-6116	Mental Health Services
Ventura	Interface Chil- dren & Family Services	1746 S. Victoria Ave, Suite 220, Ventura	Phone Main Line: (805) 485-6117	Mental Health Services
All Re- gions	National Sui- cide Preven- tion Lifeline	N/A	24 Hours	1-800-273-8255